

Elizabeth (Liz) Tukey Bio

Liz is a Certified USEA/ICP Level II Instructor, a USPC National Examiner and a US Pony Club Graduate B. She has evented in the Northwest and Canada through the Preliminary level. She has been very fortunate to receive classical instruction from many teachers: Martin Plewa (former German national Three-Day Event Coach, Director of the Riding School of Westfalia, Germany), Eckart Meyners (Professor of Sports Physiology and Body Movement, University in Luneburg, Germany), Brian Sabo, Dietrich Von Hopfgarten, Jim Graham, Jimmy Wofford, Ralph Hill, Capt. Mark Phillips, Derek DiGrazia, Kevin Freeman, Dr. Zoltan Sztehlo, Stephan Kieseletter, Christiane Borchert, and Elizabeth Tukey (her Mentor, Teacher, and Mother).

Liz continues her professional development by participating in USDF and USEA ICP Dressage, Cross Country, and Jumping seminars and clinics. She has trained numerous times in Germany taking intensive instruction at The Riding School of Westfalia, University of Luneberg and the International Academy of Equestrian Studies in Warendorf. Professional Development content covered Dressage, Jumping, Riding Theory, Position, Sports Physiology and Body Movement.

Liz has several students that have successfully competed in the North American Continental Young Riders Championships (CCI**) and the American Eventing Championships (CIC* and Training). She taught horsemanship, Dressage, Jumping, Eventing, Military Drill, and Polo for four years at Culver Military Academy. Liz served on the USPC National Instructional and RIC Committees for 10 years and was the Regional Instructional Coordinator for two USPC regions for eight years. Additionally, she has been a co-organizer of Horse Trials in Idaho (10 years) and Colorado (three years) and served as the Cross Country co-organizer for the NAYRC in Colorado and High Prairie International Three-Day Events for five years.

Liz currently lives in Colorado Springs, CO and maintains a rigorous clinic schedule throughout the year in Montana, Washington and Idaho.

Liz's Philosophy on Riding and Learning

Liz teaches riders of all ages on a variety of horses. Her only participation criterion is a desire to learn. Liz is committed to helping her students learn classical riding as well as good horsemanship. She tries to make each lesson a fun, positive and educational learning experience. Liz's lessons are based on the Classical Riding Theory and the Training Scale (Rhythm, Suppleness, Connection, Implusion, Straightness, Collection). The fundamental purpose is to develop, through standardized progressive training methods, a horse's natural athletic ability and willingness to perform, thereby maximizing its potential as a riding horse.

“Riding is about opening the lines of communication between horse and rider, listening to the horse, and being aware that each of the rider's movements means something to the horse. The expectation for high quality training and connected riding applies to all horses, regardless of type, age, breed, or background. The responsibility lies with the rider to make learning comfortable and productive for the horse.”